

**Ad Hoc Committee on Controlled Substances  
Continuing Education Meeting**

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October 28, 2016

Department of Health Professions

Henrico, VA

**Call to Order**

The meeting was called to order by Lori Conklin, MD at 1 PM.

**Emergency Egress Procedures**

Dr. Conklin provided egress instructions in case of an alarm or emergency.

**Roll Call**

Lori Conklin, MD, Committee Chair, Board of Medicine  
Barbara Allison-Bryan, MD, President, Board of Medicine  
David Taminger, MD, Board of Medicine  
Ralph Orr, Prescription Monitoring Program  
Stephanie Willinger, Board of Nursing  
William Harp, MD, Executive Director, Board of Medicine

**Adoption of the Agenda**

David Taminger moved that the agenda be accepted; it was seconded and passed.

**Public Comment on Agenda Items**

There was no public comment.

**New Business**

1. Review of the statute authorizing the Board to require continuing education

Dr. Conklin reviewed the law with the Committee.

2. Review of FSMB document on states requiring controlled substances continuing education

Dr. Conklin led the discussion regarding the FSMB map of states and the table of states and their respective requirements. It was noted that 32 states and the District of Columbia did not require continuing education on proper prescribing of controlled substances, and 18 states do. The hours required ranged from 1 hour every 2 years to 20 hours every 2 years.

3. Recommendations from the Prescription Monitoring Program

Ralph Orr presented PMP data for the Committee's consideration and made the recommendation

for “baseline continuing medical education for all current active Board of Medicine licensees with a Virginia address.” He added that more specific criteria could be considered for future biennia given that that an anticipated upgrade to the PMP system will support greater research capability. He also displayed VAAWARE and its resources for professionals.

4. Suggestions for parameters from Board of Medicine staff

These were reviewed and discussed by the Committee.

5. Discussion and recommendations to the Board for the next biennium

After a full discussion of all options, Dr. Allison-Bryan moved that the Committee recommend to the Board it require licensees with prescriptive authority to obtain 2 hours of continuing education on pain management, the responsible prescribing of controlled substances, and the diagnosis and management of addiction in the next biennium. The motion was seconded and passed. Dr. Harp said the recommendation will be presented to the Executive Committee on December 2, 2016.

### **Adjournment**

There being no further business, Dr. Conklin announced adjournment.

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Lori Conklin, MD, Chair

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William L. Harp, MD, Executive Director